

Stretching - écart des doigts

♩ = 120

EXERCICE 1

4/4

mf

TAB: 9 11 9 11 8 10 8 10 7 9 7 9 6 8 6 8

TAB: 5 7 5 7 4 6 4 6 3 5 3 5 2 4 2 4 1 3 1 3

EXERCICE 2

TAB: 11 10 11 10 11 9 11 9 10 9 10 9 10 8 10 8 9 8 9 8 9 7 9 7

TAB: 8 7 8 7 8 6 8 6 7 6 7 6 7 5 7 5 6 5 6 5 6 4 6 4

TAB: 5 3 5 3 4 3 4 3 4 2 4 2 3 2 3 2 3 1 3 1 2 1 2 1

EXERCICE 3

The image displays a guitar exercise titled "EXERCICE 3" in 3/4 time. It consists of four systems, each with a musical staff and a corresponding TAB line. The exercise is composed of six measures of music, with each measure containing a triplet of eighth notes. The notes and their fret positions are as follows:

- Measure 1: G#4, A4, B4 (frets 8, 9, 10)
- Measure 2: A4, B4, C5 (frets 7, 9, 10)
- Measure 3: B4, C5, B4 (frets 7, 8, 10)
- Measure 4: A4, B4, A4 (frets 7, 8, 9)
- Measure 5: G#4, A4, G#4 (frets 6, 8, 9)
- Measure 6: F#4, G#4, F#4 (frets 6, 7, 9)

The TAB lines provide the fret numbers for each note in the triplet. The key signature has one sharp (F#), and the time signature is 3/4. The exercise concludes with a double bar line at the end of the fourth system.